

RAWLING REPORT

WINTER 2010 • BROUGHT TO YOU



BY RAWLING FINANCIAL INC.

HELPING CLIENTS MAKE WISE DECISIONS REGARDING THEIR WEALTH

Client profile - Bob LaRose professor and former pro athlete

By Hugh Rawling

Although I met Bob in 1995, and know him as a very humble person, I decided I wanted to find out more about someone who rose to the top of his field in sports and academics.



In an online search, I found his 1972 O-Pee-Chee Canadian Football League (CFL) sport card. On the back it read: "The Blue Bombers No. 1 choice in the 1970 Canadian college draft. Bob was also named the Toronto Telegram's high school athlete of the year. He was a CFL All-Canadian

selection in 1973".

During a recent meeting with Bob and his wife Marianne, I found out that in October 2009, while playing center for his basketball team of top 60 to 65-year-old southern Ontario players, he had won a gold medal at the World Masters Games in Sydney, Australia. At a time when many athletes have long retired from competitive sports, he is someone for whom sports is an everyday part of his life and he can still compete at the highest level.

Bob loved many sports from a young age. He arrived at the University of Western Ontario (UWO) in London to first play varsity basketball for all four years of his undergraduate education. In his second year, his team participated in the university national championships. He also played varsity football for his last two years as an undergraduate, missing the first two years of football because he had to work all summer to pay for his education and couldn't make the training camps. However, he played well enough

in the last two years to be drafted into the CFL. He played professionally for the Winnipeg Blue Bombers for seven years, first as a defensive back and then a wide receiver.

After his professional sports career, Bob wanted to share what he had learned and experienced by coaching university football teams. He coached for the University of Manitoba, The University of Ottawa and Queens University, before becoming defensive co-ordinator for UWO in 1984 and building the legacy of that team for the next 20 years.

With all his athletic success, continuing education has been an equally important goal for Bob, who believes, "We should never stop learning. If you are given an opportunity to learn at the highest level,

Season's Greetings

FROM THE RAWLING FAMILY

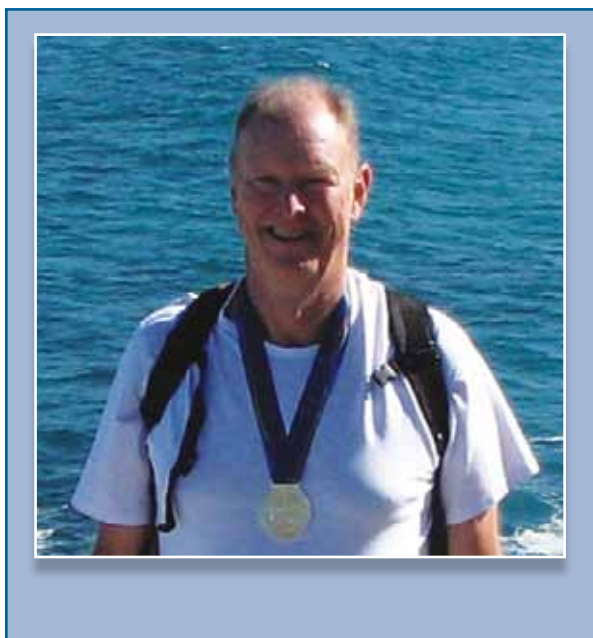


Near Largo, Florida

take advantage of that opportunity!” He has lived that motto by earning his Bachelor of Arts and Masters of Arts degrees at UWO. He then earned his Doctorate part time over five years at the University of Toronto. Several days a week, he would get up at 5a.m. and take the train from London to Toronto to attend classes. Then he would jump back on the train in time to get back to London to coach afternoon and evening Mustang football team practice, often until 11p.m. While doing all this, and with the tremendous support of his wife Marianne, they raised two daughters, Karen and Jennifer.

Bob is currently a professor at UWO in the faculty of Kinesiology. He is also the co-ordinator of the Masters Coaching Specialization program.

Bob couldn't have accomplished what he has without the support of his wife Marianne. She was an accomplished teacher and administrator in the Thames Valley School Board and most recently, taught other teachers at Althouse College. She had once taught at an Alternative Parent Participating



Learning Experience (APPLE) program school. Her enthusiasm for the program inspired me to send our two children to that school for kindergarten to grade six. It turned out to be great advice.

While Bob has shown excellence in athletics, I get the feeling, that education is his first priority. A stance, I'm sure that is supported by his wife Marianne.

RRSP deadlines and limits

Tuesday, March 1, 2011 is the deadline for registered retirement savings plan (RRSP) contributions to use against 2010 earned income.

RRSP contribution limits

Year	Limit
2010	\$22,000
2011	\$22,450



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